



JW MARRIOTT PHOENIX DESERT RIDGE RESORT & SPA
5350 EAST MARRIOTT DRIVE
PHOENIX, AZ 85054

REVIVE

A Marriott Spa



 480 - 293 - 3700

 [JWREVIVESPA.COM](https://www.jwrevivespa.com)

GROUP CLASS OFFERINGS

All classes are 60 minutes and priced at \$600 + 20% Gratuity.

*Excludes Floating Sound Bath.

GROUP YOGA CLASS:

Learn to increase flexibility and enhance physical and mental focus through a series of yoga poses that aid in stress reduction.

GROUP BOOT CAMP:

A challenging total body workout that combines heart pumping cardio and strength training.

GROUP MAT PILATES CLASS:

A mat class based on the principles & movement of Pilates. Designed to strengthen the core muscles & postural awareness increasing strength.

GROUP FITNESS WALK:

Join us on a guided walk around the property while taking in the sights and sounds of the desert nature. Conclude your experience with a guided stretch by the JW Garden.



GROUP MEDITATION:

Experience deep relaxation with a gently guided meditation to relax your body and quiet your mind.

SOUND HEALING:

Immerse yourself in the soothing vibrations of our morning sound healing session. Lead by our local sound healer, this experience combines ancient healing techniques with the harmonious sounds of crystal bowls and other therapeutic instruments.

FLOATING SOUND BATH:

*Please contact for pricing.

Indulge in the ultimate relaxation with our floating sound bath experience under the stars & moon.

You'll float effortlessly in the Revive Spa pool, surrounded by soft candlelight and the soothing sounds of live instruments, including singing bowls, gongs, flutes, and drums.

MEETING BREAKS

GUIDED STRETCHING OR BREATHING:

Help keep your attendees focused and alleviate body posture discomfort while allowing them to clear their minds. 10-15 minute breaks. \$250 + 20% gratuity.

NEROLI WATER STATION:

Allow your guest to quickly rejuvenate with nature's best hydrator. Leave their skin dewy-fresh and mood uplifted with a Neroli water station. \$100 + 20% gratuity.

COLORING BOOK STATION:

Bring your attendees back into a sense of childhood. Take a break from technology while improving focus and helping your mind and body relax. \$100 + 20% gratuity.



WELLNESS ACTIVITIES

CHAIR MASSAGES:

Our world class therapist will help your attendees get into a refreshed state of mind during their meetings and after their travels to the desert. 60 minutes, \$500 + 20% gratuity.



TARA BAR EXPERIENCE:

Guest is guided to blend their own recipe selected from 8 Wellness Intentions: Balance, Calm, Detox, Immune Boost, Love, Recover, Renew and Rest. Using single note essential oils and a recipe guide, guest discover how much fun it is to blend their own body oil for massage, bath, or body care.

Blending experience includes bottle of oil, essential oils, custom label, organza pouch.

*Optional Upgrade: Blend oils with lotion, or bath salts for a body scrub.

\$350/Hour + 20% gratuity,

Oil Only: \$15/person

Lotion: \$27/person

Bath Salts: \$23/person

PICKLEBALL & TENNIS

Discover a new spin on team building activities, tournaments and active breaks for your next meeting or group event with pickleball – an interactive sport for players of all skill levels.

With 20 Pickleball courts & 3 Tennis courts attendees can enjoy clinics and hosted tournaments lead by our certified pickleball instructors. The picturesque courts are conveniently located adjacent to the Desert Kivas function space.





SPA TREATMENTS

All treatments are for guest 18 years of age and older. Please visit jwrevivespa.com for full menu and treatment descriptions.

Rejuvenate and refresh yourself through in-spa group treatments, featuring well-loved services ranging from massages, facials and body treatments.

Customized Group Massage and Customized Group Facial Options available. *Please contact Revive Spa directly for more information.

Manicures and Pedicures with both regular polish and gel options.

Hair cut, coloring, and styling services available.

Our spa features 41 different treatment rooms for massages, facials and body treatments. As well as a full salon equipped for nails, hair, and makeup application.

WELLSYSTEM WAVE BED:

Perfect for the guest who only have 20 minutes for relaxation! The well system combines heat and pressurized water for a relaxing full or partial body massage. The airless system creates a quiet and consistent environment for warm water jets to massage the body from head to toe.



REVIVE SPA AMENITIES

Our expansive spa exudes serenity from our treatment and relaxation rooms to our private poolside cabanas and spa bistro. Daily spa guest access includes unlimited use of all spa facilities and amenities including our outdoor heated sanctuary lap pool, whirlpools, saunas, steam rooms, relaxation lounges, private lockers, body and beauty amenities, fitness center and exercise classes.

REVIVE SPA BISTRO

Our Revive day spa in Phoenix contains the delicious Spa Bistro. Our dedicated spa chef utilizes worldly flavors not often found in today's cuisine. Each dish will treat your palate to fresh ingredients, herbs picked from our garden and unique flavor combinations. The Spa Bistro serves Mediterranean cuisine focused breakfast and lunch, as well as beer and wine options. Opt for a cozy indoor table, or sit outside and enjoy the views of the Sanctuary Pool, cabanas and towering palm trees at our luxury spa hotel.